

2022-23 Annual Report

Dear Altruistic Behavior Institute Board Members and Community,

While we continue to grieve the losses of Sam and Pearl Oliner in 2021, we also observe their individual and joint legacies through significant expansion of the institute's funded and unfunded projects that serve the purpose to seek out ways to enhance altruism and prosocial behavior in society. Please enjoy reading about them in this annual report and follow up with me if you have any questions.

Cal Poly Humboldt Department of Critical Race, Gender, and Sexuality Studies faculty member, Maral Attallah, joined the Altruistic Behavior Institute Board this past year. Maral was instrumental in the three Conversations on Altruism that took place this last year in observation of the 40th Anniversary of the institute's founding. Maral says "I am honored to be on the Board and I look forward to continuing the work of bridging the classroom and community through the mission of this prestigious Institute."

With the assistance of Carly Marino, Special Collections Librarian and Archivist, and a team of Cal Poly Humboldt students, the Oliner Altruism Research Archive is being built out. As of June there are 75 hours of Holocaust Rescuer audio interviews available and over 100 surveys of Holocaust Survivor experiences. Keep on reading for more information.

The Institute welcomed Brenna Killoran as the new Program Assistant in June. Brenna grew up in Humboldt County and graduated from San Diego State University with a BA in Communication. She is very excited to contribute to the community where she was raised and beyond.

Send people to the Institute website at http://altruism.humboldt.edu so they can learn more about how the Oliner's inspiring vision endures in the work of the Altruistic Behavior Institute. There's also a link there to make a gift.

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New Projects:



Mentored Internship Program

The institute supports the efforts of Mentored Internship Program (MIP) Project Director, Jamie Jensen, Ph.D., MSW, to provide opportunities for students 18 and older at multiple stages of their education to gain practical on-the-job experience. The goal of the MIP project is to enhance the professional development of diverse students through thoughtful mentored internships and to grow the future behavioral health workforce. The California Department of Health Care Services has awarded funding to several Northwestern California nonprofit behavioral health provider organizations, tribal organizations, and countyoperated providers that offer mental health and substance use disorder treatment, including United Indian Health Services, Open Door Community Health Centers, Redwood Community Services, Humboldt County Department of Health and Human Services, Mendocino County Behavioral Health & Recovery, and Hill Country Community Clinic.



The <u>Rural and Tribal Behavioral Health MSW Fellowship</u> (RTBH) is committed to transforming behavioral health ecosystems to address structural inequalities, respond to intersections between culture, trauma, and colonization, and expansively represent equity, diversity, inclusion, and belonging in services, supervision, and the workforce.

High debt burdens, living expenses, and requirements for internship/practicum/field placement hours have been reported by students, educators, and employers as significant barriers to college affordability, persistence, and completion, especially for adult learners, low-income students, and caregivers. As a result, many students work full time or part time jobs in retail, food service, or other low-wage, hourly occupations in addition to unpaid internships and coursework, causing many of them to fall behind in their course requirements, drop out, and/or burn out and pursue other career opportunities outside of behavioral health after program completion.

Thanks to grants from the California Department of Health Care Access and Information, the United States Department of Education, and the California Social Work Education Center, the RTBH Fellowship will strengthen California's behavioral health workforce by identifying Social Work graduate students with a strong interest in working for behavioral health organizations in underserved rural and Tribal communities and provide them with Supported Basic Income during their professional graduate studies.

The related Rural and Tribal Behavioral Health Supervision Program addresses a shortage of licensed behavioral health professionals in rural and Tribal communities of Northwestern California due, in part, to challenges in securing licensure supervision for Associate Clinical Social Workers (ASWs). The Rural and Tribal Behavioral Health Supervision Program is designed for Cal Poly Humboldt MSW graduates pursuing clinical licensure and working in selected community-based organization(s) in Northwestern California that do not have the capacity to provide supervision for clinical licensure





Rural and Tribal Substance Use Disorder Earn & Learn Program (2023-26)

This program will increase the number of substance use disorder counselors with advanced certification in California's outlier, rural, frontier, and Tribal communities. Over the project period, twelve undergraduate social work participants will receive a \$20,000 educational stipend, comprehensive education, job experience, and support for certification as a CADC-III, CATC III, or SUDCC III.

On-Going Projects:

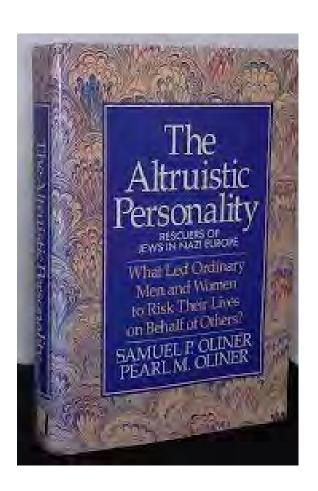
Northwestern California Rural and Tribal Integrated Behavioral Health Training Program (2021–2025)

This grant through the United States' Health Resources and Services Administration expands the number of professionals working with persons in high need and high demand rural, vulnerable, and medically-underserved communities by providing team-based primary/behavioral health care training, rural/Tribal experiential training placement opportunities, a \$10,000 stipend, and post-graduation employment search assistance for 34 advanced year Master of Social Work students over the project performance period.

Oliner Altruism Research Archive

Sam and Pearl Oliner's original research on Holocaust rescuers and survivors, forgiveness and apology, love and compassion, heroism, moral exemplars, and more is beginning to be shared with the world. Student Assistant, Katie Miller, who has been working on the archive says "Being able to listen to rescuers' firsthand accounts has been a very personal experience. It has been an honor to help share rescuers' stories with the public in order to illuminate accounts of altruism during the Holocaust." As of 2023, over 25 audio interviews with Holocaust Rescuers and well over 100 surveys of survivor experiences during the Holocaust are available for review here:

https://digitalcommons.humboldt.edu/oliner/



Manifesto for Ethical Research with Indigenous Communities of Northwestern California

With support from the Cal Poly Humboldt Indian Tribal & Education Personnel Program, Sponsored Programs Foundation, and Advancement Foundation, a team of Native students is assisting in the development, production, and circulation of principles, commitments, and basic conditions necessary (but not sufficient) for ethical research with Northwestern California Tribal communities. This is particularly important given the increase in research requests stemming from Humboldt State University's transformation into California State Polytechnic University, Humboldt.

H CONSORTIUM OF HIGHER EDUCATION CENTERS FOR HOLOCAUST, GENOCIDE, AND HUMAN RIGHTS STUDIES

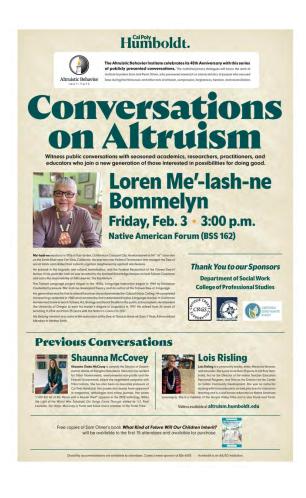
Consortium of Higher Education Centers for Holocaust, Genocide, and Human Rights Studies

The Altruistic Behavior Institute is a member of the Consortium of Higher Education Centers for Holocaust, Genocide, and Human Rights, a nonprofit organization that endeavors to be the primary assembly and professional organization of center directors committed to securing, integrating, and advancing Holocaust, genocide, and human rights education on U.S. college campuses. We are a consortium of experts that leads in scholarly projects, educational innovation, and networking opportunities. We offer our expertise and support to faculty, directors, administrators, and campus leaders seeking to strengthen existing centers, as well as develop new ones. We are a unique Consortium in that we believe in building upon the current tides of political and social concerns by incorporating our work and activism on our campuses in the service of students' future and welfare.

Conversations on Altruism

Initially convened for the 40th Anniversary of the Altruistic Personality and Prosocial Behavior Institute (now known as the Altruistic Behavior Institute) these ongoing public conversations join seasoned academics, researchers, practitioners, and educators with a new generation of those interested in possibilities for doing good while honoring the work of Sam and Pearl Oliner. Maral Attallah, Altruistic Behavior Institute Board Member and faculty in the Cal Poly Humboldt Department of Critical Race, Gender, and Sexuality Studies, co-facilitates the conversations. Videos from previous Conversations on Altruism are available below:

- Conversation on Altruism with Lois Risling. September 24, 2022.
- <u>Conversation on Altruism with Shaunna McCovey. November 15, 2022.</u>
- Conversation on Altruism with Loren Me'-lash-ne Bommelyn. February 3, 2023.



Evidence-Based Panhandling

The Institute continues to distribute pocket-sized and weather-proofed cards that aim to increase the amount of money people engaged in panhandling receive, decrease incidence of conflict between people panhandling and law enforcement, and decrease incidence of conflict between people solicited and those soliciting (thereby leaving both parties feeling safer and more respected). Read the "white paper" here.

Future Projects:



Rescue of Memory: An Autobiographical Account, by Samuel

P. Oliner

Dr. Samuel P. Oliner's manuscript Rescue of Memory: An Autobiographical Account will be edited and polished to prepare the manuscript for publication so it may touch the world as Sam (and Pearl's) previous works have.

Completed Projects:

We Live Here: Humboldt Families Coping with COVID-19

This podcast series cultivated community connections by collecting, editing, and sharing interviews with parents and caregivers of young children about their stories of struggle and resilience during the COVID-19 pandemic in Humboldt County, California. <u>Listen here.</u>



We Live Here: Humboldt Families Coping with COVID-19

By Altruistic Behavior Institute, Humboldt State University

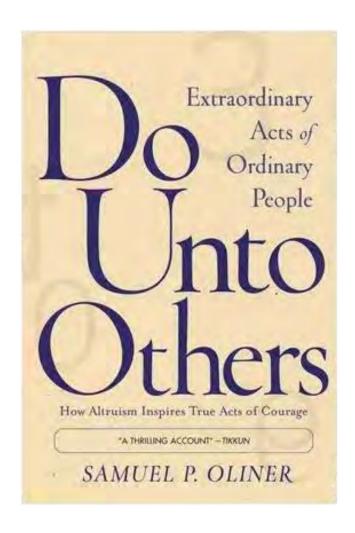
Parents and caregivers of young children share their stories of struggle and resilience during the COVID-19 pandemic in Humboldt County, California.

Listen on Spotify

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Wellness Coach Certification Training Guide

The State of California is developing an early career behavioral health provider role that can provide services covered by public and private insurance. Formerly called a Behavioral Health Coach, the name Wellness Coach was recommended by consumer stakeholder groups. Wellness Coaches will be based in schools and community-based organizations to engage directly with youth 0-25 years old. Certification requires completion of a specific training curriculum. The institute will assist participating California State University undergraduate social work programs demonstrate training equivalency.



Opioid Overdose Prevention and Education

The Institute has trained over 100 people across the state on administration of the lifesaving opioid overdose reversal medicine naloxone (Narcan) along with opioid overdose prevention education. Each trainee received two doses of naloxone to use if they encounter an opioid overdose in the course of their work. This project is winding down as naloxone has been approved for over-the counter purchase. Fentanyl test strips were distributed across the Cal Poly Humboldt campus to provide people who use drugs with important information about fentanyl in the illicit drug supply so they can take steps to reduce risk of overdose.

Altruistic Behavior Institute Board of Directors

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